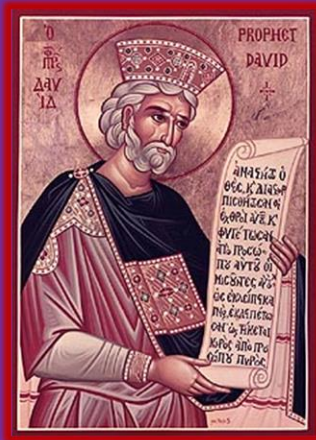


# St. Basil Greek Orthodox Church

## Psalter Reading Group



The Psalter (book of Psalms) is the "golden thread [which runs] through the beautiful garment of Orthodox worship." [St. John Chrysostom](#) himself said that wherever one looks in the Church, he finds the Psalter "first, last, and central."

During Lent, the Psalter is traditionally read in the Church twice each week. As a group, we will each attempt to read it through **once** between **Sunday, March 22 (the Sunday of the Cross), Friday, April 10 (the last day of Lent)**. And we will **pray for each other** as we do it!

### How will the Psalter Reading Group work?

- The Psalter contains 151 (or 150, depending on your Bible) Psalms
- The Psalms are organized into 20 groups of Psalms - each group is called a [Kathisma](#)
- Please [sign up here](#) using your baptismal name. If all 20 sign-up lines are taken, just put your name next to someone else's.
- Starting on Sunday, March 22, read the Kathisma that is next to your name on the schedule.
- Continue reading one Kathisma per day in numeric order until Friday, April 10
- For example: If I am assigned to start with Kathisma 4, I will read Kathisma 4 on Sunday, March 22, then I will read Kathisma 5 on Monday, March 23, and so on.
- By doing this, each of us will read through the entire Psalter once
- You can read the day's Kathisma whenever and wherever - Father suggests making it a part of your daily prayer rule
- See [page 2 of the sign-up](#) sheet for short prayers before and after reading the kathisma of the day